

MILLVILLE PUBLIC SCHOOLS MEMORIAL SCHOOL LUNCH MENU SEPTEMBER 2016



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate.

School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
REMINDER Please turn in your completed lunch application as soon as possible	Millville Public Schools now offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source	Choose My Plate.gov	(1	(2
(5	(6	(7 Beef Cheese Steaks Bar Onions/Peppers French Fries Seasoned Carrots	(8 Chickendipity Wrap Homemade Macaroni and Cheese Or Fries Green Beans	(9 Buffalo Pizza or Plain Pizza Tossed Romaine Salad Fries Steamed Broccoli
Choice of All Beef Frankfurter Burger Bar Sautéed Onion/Peppers Lettuce & Tomato Fries Baked Vegetarian Beans	(13 Choice of Homemade Chicken Salad OR Tuna Salad On A Kaiser Roll Baked Fries Corn	(14 Nacho Bar Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Peas	(15 Chicken Parmesan Over Pasta or on a Bun Seasoned Spinach	(16 Popcorn Chicken or Chicken Tenders Mash Potatoes With Gravy Green Beans Dinner Roll
(19 Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Corn	(20 Homemade Baked Ziti with Meatballs Tossed Romaine Salad Seasoned Spinach Fries	(21 Choice of All Beef Frankfurter Burger Bar Sautéed Onion/Peppers Lettuce & Tomato Fries Baked Vegetarian Beans	(22 Roasted Baked Chicken Or BBQ Baked Chicken Mash Potatoes w/ Gravy Green Beans	(23 Buffalo Pizza or Plain Pizza Tossed Romaine Salad Fries Carrots
(26 Chicken Cheese Steak Lettuce and Tomato French Fries Steamed Broccoli	(27 Burger Bar Sautéed Onions/Peppers Lettuce and Tomato French Fries Seasoned Carrots	(28 Roasted Baked Chicken Or BBQ Baked Chicken Mash Potatoes w/ Gravy Green Beans	(29 Meatball Sandwich French Fries Tossed Romaine Salad Peas	(30 Choice of Plain Cheese Pizza Or Meat Lovers Pizza with Sausage or Pepperoni Tossed Romaine Salad Fries Seasoned Spincah

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN PATTIES